

Sew Teach Me

Fabric Kit Donation Request

Thank you for considering contributing to SEW TEACH ME. This program was developed as a non-profit to match mentors with students so that youth can learn how to sew, at no cost to the student, in a safe comfortable environment.

When a mentor is matched with a student, we want their focus to be on sewing and not on cutting kits. Therefore, all fabric donations are specific to a project. There are four projects/sessions for each student. Please place each fabric kit in a labeled plastic bag. In most cases STM will supply the batting and interfacing for projects. It will be added to the bag after it is brought to Sew Teach Me. The **STM 1** projects are:

- Getting to Know Your Sewing Machine and making a Nametag—no donations are needed for this session
- Making a Pillowcase
- Making a Sewing/Tool Caddy
- Making a Pillow Pal

1. **Nametag**—No donations are needed.

2. **Pillowcase Kits** - These will be made by young people between the ages of 8 and 18. Please select fabric that will appeal to boys and girls of those ages.

- a. $\frac{3}{4}$ yard (27") focus fabric, width of fabric cut on straight of grain
- b. $\frac{1}{4}$ yard (9") cuff fabric, width of fabric cut on straight of grain
- c. 3" accent strip, width of fabric



3. **Sewing/Tool Caddy Kits** - The sewing/tool caddy will introduce use of interfacing, making rounded corners, clipping corners and adding ribbon for ties. It's a simple project that the student will be able to use.

- a. Three coordinating fat quarters
 1. Trim two of the fat quarters to 17" X 21"
 2. Cut the third fat quarter into two pieces each 19 $\frac{1}{2}$ " X 6 $\frac{1}{2}$ ". This is the pocket.
- b. One piece of medium weight fusible interfacing 19" x 6"
- c. One yard of 1" wide grosgrain ribbon to match



4. **Pillow Pal Kit** - This is a fun pillow, with arms, legs and a face.

- a. One fat quarter or $\frac{1}{4}$ of a yard for the arms and legs
- b. Two 8" x 10" rectangles for the front and back of the body
- c. One 5" x 5" square for the face



Students who complete the STM 1 program and want to continue to improve their sewing skills are welcome to join our more advanced STM 2 program. There are four projects, also. They are a Drawstring Backpack, Zipper Pouch, Notepad cover, and Tote. Quilting weight fabric is recommended for all projects.

1. Drawstring Backpack - This project teaches students how to make a lined bag, stitch angled seams, make a casing and create a pocket from a piece of scrap fabric. STM will supply the nylon cording.

- a. Exterior – one piece 14" x 36"
- b. Lining – one piece 14" x 36"
- c. Pocket – two pieces 7 $\frac{1}{2}$ " x 5 $\frac{1}{2}$ " coordinating fabric and one piece fusible interfacing 7 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ "



2. Front Opening Zipper Pouch – The front zipper pouch is lined, and French seams are used on the inside.

- a. one piece focus fabric 9 1/2" wide x 12 1/2" long
- b. one piece lining fabric 9 1/2" wide x 12 1/2" long
- c. one piece fusible interfacing 9" x 12"
- d. one 14" polyester zipper if you have one, otherwise STM will add it to the kit



3. Notepad Cover – This project teaches students about padding, Velcro, accurate measuring, closing tabs and more.

- a. one piece focus fabric 12 1/2" wide x 9 1/2" long
- b. one piece lining fabric 12 1/2" wide x 9 1/2" long
- c. one piece pocket fabric 12 1/2" wide x 12" long
- d. two pieces focus fabric 3" x 5" for tab



4. Tote Bag – Students put all their new skills together. Contrasting fabrics and straps offer many opportunities for topstitching practice that gives them a fun and personalized look.

- a. Main body/focus fabric – cut 2 rectangles 12 1/2" x 15 1/2"
- b. Middle strip/lower accent strip – cut 2 strips 2 1/2" x 15 1/2"
- c. Top strip/accent strip – cut 2 strips 3 1/2" x 15 1/2"
- d. Lining - cut 2 rectangles 15 1/2" x 17 1/2"
- e. Straps - cut 2 strips 5" x (WOF) width of fabric
- f. Fusible Batting – will be supplied by STM.
- g. Coordinating fabric for inside pocket – Cut 2 pieces 8" x 6" and 1 piece of fusible interfacing 7 3/4" x 5 3/4"

